

# Why LivingWater? Because your health depends on it!

07/17/14

Fill in the blank; We are supposed to drink 8 glasses of water every day.

**Question:** When was the last time you drank that amount of water 3 days in a row?

**Question:** What do you think is the result of not drinking that much water every day?

**Question:** Do you consider tea, cokes, coffee, energy drinks, etc. substitutes for water? Does your lifestyle tell me that you think they are substitutes regardless of how you answered?

**The question is not if we need to hydrate our bodies each day – it is how and what with?**

Now that we have established that we all need to drink several glasses of water per day, then the question is; does it make any difference what type of water we drink. YES it does and what type water and how much you drink will basically determine your health.

“Drinking four to six glasses of alkaline water a day will help neutralize over-acidity and over time will help restore your buffering ability. Like vitamins C, E and beta carotene, alkaline water acts as an antioxidant because of its excess supply of free electrons.” Susan Lark, MD

## Three absolute facts:

1. A vast majority of Americans are in a state of **dehydration**, causing disease and sickness all the way from the common cold to cancer.

**Dehydration** is a sign that your cells are not getting the water they need. Water transports nutrition to the cells, therefore for your health's sake it is imperative that you are well hydrated.

2. **Free Radicals** enter our bodies each and every day through the air we breathe, the food we eat, the beverages we drink and the stress in our lives.

**Free Radicals** are oxygen molecules tearing up (rusting) our body, THEREFORE it is important that we provide our body with anti-oxidants daily to destroy the cancer causing, disease and sickness causing Free Radicals.

3. Too much **acidity** in the body is like having too little oil in the car. It just grinds to a halt one lazy Sunday afternoon. Excess acid causes most chronic diseases. Dr. Theodore Baroody

**Acidosis** is a sign you are drinking acid causing water (beverages), breathing polluted air, and eating acidic foods.

“Water and aging are directly related and it has been shown that the water content of the body decreases with age, producing a visible wrinkling and withering effect. Keep in mind that the outward signs of aging are just an indicator of what is also happening on the inside of the body.” Dr. Mu Shik Jhon,

## How does that affect you?

**Oxidation = rusting = aging and disease and is caused by Free Radicals, acidosis, and dehydration.**

*Metals rust from the outside in and people rust from the inside out.*

## Three major events:

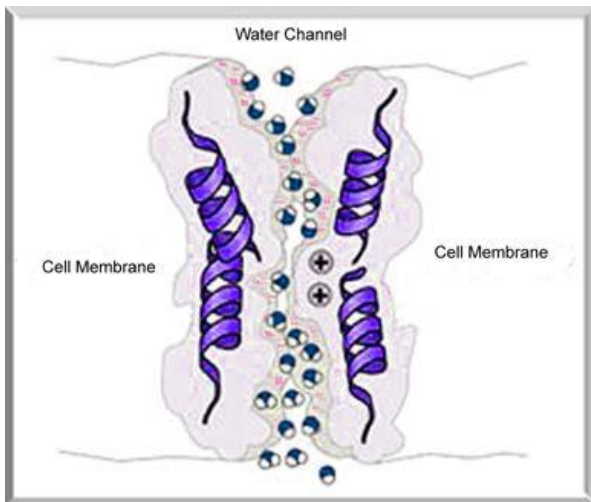
1. **Dr. Otto Warburg** (1931 Nobel Prize in Medicine for his studies about tissue environments that allow or prohibit the growth of cancers). Basically he discovered that cancer thrives when our bodies are acidic and cannot survive when our bodies are alkaline. *You want your body to be in an Alkaline state, but most likely it is in an acidic state.*
2. Commercial **alkaline ionic water units** for hospitals were introduced in Japan in the fifties. A research institute was formed in 1960 for the purpose of studying ionized water. 1966 brought confirmation of the alkaline ionic water process for health improvement and medical use by the Japanese Health and Rehabilitation Ministry. Alkaline ionic water units help your body maintain an alkaline state.

*A majority of the Japanese people drink alkaline ionic water and that is one of the primary reasons they live the longest and are the healthiest of all the developed countries in the world.*

3. Dr. Peter Agre, an American medical doctor, professor, and molecular biologist who was awarded the 2003 Nobel Prize in Chemistry for his discovery of aquaporins. Aquaporins are water-channel proteins that move water molecules through the cell membrane.

*Until 2003 we knew alkaline ionized water worked but we didn't understand exactly why it worked. Dr. Peter Agre discovered the how and why when he discovered Aquaporins – commonly called the gate keeper of the cells.*

LivingWater has a **negative ORP** (oxidation reduction potential) as opposed to other beverages (including tap and bottled water) which has a **positive ORP**. Anything that is acidic and has a positive ORP is not good for you and here is why as we look at a cell and see how it is nourished and hydrated:



- Negative charged water (-) transports nourishment to the cell and hydrates the cell.
- Positive charged water (+) is blocked by the gatekeeper (aquaporin) from entering the cell.
- The Standard American Diet (SAD) including the beverages we drink is primarily acidic and has a positive charge.
- As a result our cells are malnourished and dehydrated.
- That's one of the major reasons cancer, illness, sickness, diabetes, etc. are running rampant in American.
- LivingWater is Alkaline Ionized Restructured water that has a negative charge delivering nourishment to the cells and hydrating the cell.
- The result is better health and wellness.

***One final note before we close out; our bodies will do everything it has to do to make sure our blood pH stays at 7.365. If we don't provide our bodies with healthy water, proper nutrition, and pure air, then our bodies will take what it needs from the organs and bones of our body to maintain a blood pH of 7.365. If it has to do that, then we are opening ourselves up to sickness, illness and disease. You control what goes in your body!***

## **LivingWater provides you with:**

1. **Alkaline water** to help your body eliminate acidosis
2. An abundance of **anti-oxidants** to destroy the Free Radicals in your body
3. **Ionized water** that is easily absorbed by the body thus is more deeply hydrating to the cells

“It is well known that many chronic diseases result in excess acidity of the body (metabolic acidosis). We also know that the body tends to become more acidic due to modern dietary habits and lifestyles and the aging process itself. By drinking high negative ORP alkaline water, you combat metabolic acidosis and improve absorption of nutrients.”  
Dr. Ray Kurzweil, National Inventors Hall of Fame

Compared to tap water, LivingWater has no unpleasant odor, no chlorine taste, tastes and feels lighter, smoother (silkier), and has a pleasant and refreshing clean taste. Compared to tap and bottled water (which is acidic), LivingWater is alkaline, is an antioxidant, and is environmentally friendly. The LivingWater System will pay for itself in 12 – 24 months by eliminating bottled water and improved health and wellness.

Are you ready to give LivingWater a try and find out for yourself? Feel the difference the right water can make! Your health depends on it. You have everything to gain and nothing to lose by giving LivingWater a try. Take a look at our **Whole Home Protection System – it covers the Air, Water, Nutrition, and the Ecosystem PLUS it saves you money - lots of money!**

**Take a look our document entitled “If you do not purchase a Whole Home Protection System it will cost you money – crazy but true”**