

# Read Our Mail

04/21/11

(These are a few of the more than 10,000 testimonies about our products)

***As you read these testimonies, we are not claiming that any product is some super cure for anything. These are honest testimonies from people who have had personal experiences using these products. Basically what we are saying when we share these testimonies is that the body has the God given ability to take care of itself if we provide it with pure air, healthy drinking water, and the right nutrition that gives us the fruits and vegetables that it requires daily. This is what our products will do for you. We are all different; therefore you may or may not experience the results that others have shared in their testimonies. Don't settle for Partial Health, strive for Uncompromising Health.***

## **FreshAir Surround** (air purifier)

**To whom it may concern,**

My name is Jennifer Franklin and I have been a teacher at Covenant Classical School for four years. I personally suffer from allergic rhinitis, and other allergies and sicknesses throughout the year. Our school recently purchased a FreshAir Surround, and I was fairly skeptical of its ability to truly sterilize the air and objects in the room. It was quickly proven to me that these machines do as they are promised to do. For about a week I came and went from work not really thinking about the new air purifier in my classroom, until I noticed that many of the children who had perpetual runny noses had cleared up. I then realized that my own stuffiness had disappeared. I went home so happy that my sinus pressure and runny nose had gone away. I could finally breathe! I went to bed that night and by the next morning my allergies had returned. I came in to work feeling miserable, but after an hour or so had passed my symptoms were magically gone again. I know that the FreshAir Surround is the reason I can breathe effortlessly at work. I am now considering buying one for my home. I believe that FreshAir is a great investment for anyone. Not to mention in our specific situation, we have much happier parents due to the fact that their children are not constantly sick anymore. These purifiers are worth every penny spent!

Sincerely,

Jennifer Franklin

**To whom it may concern:**

I recently placed an FreshAir Surround air purifier in my 5<sup>th</sup> grade classroom. During the H1N1 outbreak at our school, my classroom had the lowest amount of sickness in our school. There was a 2-3 week period where classes were missing anywhere from 4-18 students. The most students I had absent during that time period was 1-3. There were a few days where my classroom was the only one in the whole school that had no one absent. The combination of constant hand washing, sanitizing of germ-filled surfaces, and the cleaning of the air from the air purifier caused my class to be least effected by the H1N1 and a few other contagious viruses that have spread throughout our school this year. I'm happy with my air purifier placement in my classroom.

Sincerely, Rebecca Schpero

# LaundryPure

Papaw, just wanted to give you my thoughts on LaundryPure so far. I REALLY love it. No doubt:

1. Clothes are MUCH softer – particularly notice this in the boy's jeans.
2. Towels are fluffier – have difficulty fitting all the towels in cabinet where they formerly fit just fine.
3. Definitely saving on detergent!! I'll calculate savings this month for you. It is exciting to know that I will never have to buy laundry detergent or fabric softener ever again.
4. I DO have to pre-treat stains, (Blair's bibs, boy's football pants, etc.). BUT I just spray on a pre-treater. Haven't needed to "scrub" items. For example, I just sprayed mud/dirt stains, let set for 10 minutes and threw football pants in. They came out looking great. Last game, before LaundryPure, IT TOOK ME 3 TRIES, spraying, scrubbing and using hot water with detergent and a bit of bleach to get the same results.
5. With white towels, I did include a little bleach (much, much less than normal!!), probably out of habit more than anything. I am happy with the brightness, cleanliness and fluffiness of towels.
6. Clothes seem less wrinkled due to softness and jeans are definitely less wrinkled.

I AM THRILLED WITH THE RESULTS!! I am washing all sheets in the house now so I will be able to

Give an opinion about different type of sheets and thread counts.

THANK YOU SO MUCH for our LaundryPure!! I'm loving it. Love, Bethany

Bill,

**HOME RUN!!!! This is the best thing. Got my new LaundryPure in yesterday...couldn't wait for my husband to come home and mount it...It only took a few minutes...Had an old shirt that I used to love to wear..But it had a stain on it that I could not get out , so I only wore it around the house...Last night while I was washing I decided to pre spray the stain on the shirt (I always pre sprayed the stain before, but it never worked) and dropped it in the washer...STAIN GONE...WOW..I am so impressed ...Once again...HOME RUN...Thanks again...VOLLARA....Amy**

## Re:Fuel (formerly Essentials for Life, read the label and notice the fruits and vegetables.)

Hey guys,

We have to let you know just what Vollara supplementation has done for us! My husband has suffered with chronic back pain for seven and a half long years. He has had 4 major surgeries, the last one being another fusion.... Since the surgery, he regressed, wearing a brace, using a cane, and enduring pain that was as bad, if not worse than before the surgery. The neurosurgeon talked about using a morphine pump or possibly more surgery. Rob started taking Re:Fuel (Essentials for Life)and Re:Flex (InfiAid) on July 7,

2005, according to the directions on the bottle. At the July Success Institute, someone mentioned that for chronic pain more Re:Flex (InfiAid) should be taken, that it wouldn't hurt him, it was all natural, so my husband increased the amount. He started taking 4 capsules 3 times a day. To our amazement he has steadily shown improvement! As of July 25, 2005, he no longer wears the brace or walks with the cane and the constant nerve pain in his leg is gone! I should mention that Rob was taking 8-10 Vicodin, and 8-10 Robaxin a day, and after seven and a half years of medication, since August 30, 2005, he has been drug free!! Rob's neurosurgeon was very impressed with his dramatic improvement. So impressed, that after talking with Dr. Allen, he ordered the product for his wife, who is also a back surgery patient, that has now found pain relief using Re:Flex!

We have prayed for relief for him for seven and a half years, and with each surgery our hope would diminish. We lost our hope and could not dream, but now we are able to dream again (PRAISE GOD!!!) We believe that God truly sent Vollara to us, for more than this awesome financial opportunity, but also an opportunity to live again!

Sincerely, Rob and Cindy Irwin

**To whom it may concern,**

**I received a bottle of Re:Fuel (Essentials for Life) May 29, 2009 and I started taking 2 caplets with each meal like it said on the directions right a way. I had had Parkinson's disease for several years, like Michael J. Fox. I was a master baker of pastries and had my own bakery. My health became bad so I sold the business and worked in the bakery for HEB Grocers Store several years. I sold many of my recipes to the HEB Grocery Stores. I am on permanent disability now. I have uncontrollable shaking at times. I have a brand new wheel chair in my garage that I refuse to use because I do not want to become dependent on it. I love to work in the yard, in fact I earn money by working on the neighbors' yards and I wanted to help Bob Gebing with his yard work so that is how I became interested in what supplements his wife Donna Gebing has taken many years. She gave me Essentials for Life (Re:Fuel), the InfiAid (Re:Flex) and some Healthy Bones and Teeth (Re:Build).**

**I noticed in about two days that I had more energy and I had been working only for 2 or 3 hours a day on my neighbor's yards. After I started using the Essentials for Life (Re:Fuel) I could work 5 or 6 hours at a time. Also I had terrible numbness in my hands and feet at night and I wore socks to keep my feet warm. After using the Essentials for Life (Re:Fuel) for a few days the numbness in my hands and feet was gone. I quit wearing socks to bed at night. I have much better clarity in thinking. I truly believe the Essentials for Life have given me so much better quality of life. I will start taking the InfiAid (Re:Flex) and the Healthy Bones and Teeth (Re:Build) now that I know the Essentials for Life (Re:Fuel) has helped me so much.**

**Johannes Hoendervanger**

**Hello,**

Do you know the side effects of Nexium or any prescriptions given for severe acid reflex? They are stomach pain, headaches, tired, nausea, diarrhea, constipation, shortness of breath, dry mouth, gas and much more. The first four were everyday for me and the others off and on until I discovered the wonders of Essentials for Life (Re:Fuel). The only thing I am going to miss about Nexium is to see which lawyer on TV will be advertising to represent the folks that are using or have used this Rx.

I have always had a "funny" stomach, could not tolerate spicy foods, was lactose intolerant, and could not take vitamins no matter the cost, not even Rx's or prenatal ones. Unexpected, severe stomach pain could ruin a well planned family outing at anytime. I was gun shy about nonrefundable deposits, because of the surprise attacks that ruled my life.

I was introduced to Re:Fuel with doubts that it could make a difference, but realizing that everyone needs a multi vitamin to supplement the lack of in our over processed foods, I thought I would give it a shot. Not only did I notice a difference in my energy level, but I also found that it seemed to help me with my stomach problems.

No one likes being dependent on Rx's so I experimented by stopping my Nexium. After two weeks I was sold, no more Nexium, for over four years now WOW. Why WOW: for three years I had to undergo a procedure to dilate my esophagus, it was scary

because of the internal bleeding risks involved and the fact that once maybe twice was the limit on this procedure and I had already had it done three times with no other options. Public choking is embarrassing to experience, besides life threatening. So there is my WOW and one of the many reasons why I will never be without Re:Fuel. I tell everyone that takes an antacid, it is the best daily whole food supplement in the world! If it is good enough for the New York Yankees and several other pro teams, it is good enough for me; they buy theirs just like I do.

I have no interest in selling, but I will share my success stories with healthy products and hope that it helps others to make an informed decision regarding their health. After telling people about this product I found that I was in business. Helping others to avoid the discomfort and embarrassment I have experienced is my goal and when others ordered their product it paid for mine. No selling, just sharing and giving people the opportunity for an improved quality of life and if they tell others about their results they can be in business too! Just ask me how.

Linda Armstrong

## **Re:Plenish** (antioxidant, anti-inflammatory, anti-aging beverage – tested for 25 years at the Univ. of GA.)

### **High Blood Pressure; High Cholesterol; Cancer**

August 05, 2010

Mary Ann - I can only tell you my experience with Vollara products, and so far the results have been excellent. I began drinking their grape juice almost a year ago (I think), and I am now off blood pressure medication, and off cholesterol lowering drugs. I was telling my Doctor about it when she commented about my blood pressure being so much lower, and long story short, she has it sent to her brother in Georgia who has cancer. His blood studies are much improved since he began drinking it, and his Doctor said he is like a different patient.

I truly believe all of their products are top of the line...I became a distributor so I could get their products cheaper, and I get paid by them at the same time. It all works itself out. Talk more in depth to Dale, and think about becoming a distributor. I don't see how you can lose.

Love, Sandy

July 4, 2009

### **THANKS TO RE:PLENISH I AM SLEEPING!**

**God is using this natural food group in this bottle to heal my body, I Just can't say enough about it. I know that one day I will have the opportunity to tell my story in person to many people and WOW do I have a story to tell. I went to a fund raiser for our little school this evening. I played volley ball for the first time in over 20 years because I could. I thank My God and Re:Plenish and the people who put this all together!**

**Rick L.**

## Leukemia

I just got off the phone with my Mom. As you know last year around November she was diagnosed with leukemia. When they went to do more blood work and testing to determine her treatment path - they halted it because her platelet count had gone UP 7000 points. That was mid-December. The doctors told her they would have to do blood work every month to determine what was happening. She went today and her platelet count was up 19000 points! She is almost to the normal level. The only thing she has been doing differently is drinking the Re:Plenish juice. I am so thankful to God and to Amy's company and Amy and to my mom for trying the product when first diagnosed. The doctor said she does not have to come back for 6 months!!!

I am in tears writing this - so, I better go get a tissue before someone walks in my office!

A very grateful servant, Lorri Black, Realtor

## Knee Problems

I look forward to sharing the Re:Plenish information with everyone! I love Re:Plenish! I told Becky that due to knee problems (the doctor has mentioned knee replacements), I have slept with a heating pad almost every night for the last ten years. I have been taking Re:Plenish for about 2 1/2 - 3 months (I was not faithful at first) and I just realized 2 weeks ago that I have not used the heating pads for my horrible knee pain in 2 months. That is amazing for me!

Donna

Birmingham, AL

## SteadyPower

October 12, 2010

**Here is my testimony on installing our SteadyPower in our home.**

We had an exciting day last Friday when our SteadyPower was finally installed. One of my distributors is an electrician and has sold and installed 7 or 8 SteadyPower with great success and happy customers. My husband and I watched him install it and it was very simple. It installs right beside the breaker box. He had us turn on everything in the house and recorded the present amp usage and then connected the SteadyPower. One side on breaker box was 65 amps and went down to 58 amps (11% decrease) and the other side was 73 amps and went down to 62 amps (16% decrease). WOW!

I understand from our installer that he has found that people here in CA with a pool, air conditioning and lots of electronics are the ones that have the biggest savings on their electric bill. We don't live an area with many storms and power-outages so most likely won't have to use the \$25,000, 10-year warranty Vollara gives. We are happy just to know that our electronics will now run smoother and cooler since the electricity is harmonized in our entire house and I'm sure we will realize some savings on our electric bill.

Debbie & Jim Atkinson, Costa Mesa, CA

April 28, 2010

**Dear Mr. Howse,**

My name is Glen Williams and I have been an Electrical/HVAC contractor for over 34 years. Recently I was contracted by the city of Fultondale Gas Board concerning problems with power servicing approximately 10 CPU units that are used for billing their 8000 customers. The Office Manager had called the computer repair company numerous times because many of the CPU's were shutting down. Every time the technician from the computer repair company would diagnose the problem as a low voltage situation that would shut every CPU down for safety. I was called to check out the problem. Using a digital meter I quickly saw the low voltage situation that would occur several times throughout the day. That is when I contacted you about The Clean Power System (Steady Power) that your company sells. I really like the way the system operates to maintain a constant voltage and cycles situation in addition to the surge protection we have as well. It has been one year and 4 months since I installed The Clean Power System (SteadyPower) and I have not had one service call from Fultondale Gas Board about a CPU shutting down. The Clean Power System (SteadyPower) solved all the problems we had in addition to all the motors and light transformers operating in their building powered out of the same panel the Clean Power System (SteadyPower) was installed on.

I would like to talk to you about another system for a 100 amp panel located in the City of Fultondale computer mainframe and telephone dialing system room for the City Hall. Thanks so much for your help with solving our electrical problems by supplying the Clean Power System (Steady Power).

Sincerely, Glen A. Williams, Al. State Cert. # 92211

## LivingWater

### Was Vollara LivingWater worth buying?

#### My Life in 2009

	Vehicle expense	Cost after insurance
1. Left side clavicle surgery.		\$180
8 trips	\$192	
2. Personal extended Care/Dr. visits.		120
4 trips	96	
3. Lortab/oxycodone - \$20 every 10 days		740
38 trips	912	

4. Spinal tap –		226	
2 trips	48		
5. Physical therapy – 2 visits weekly		3,120	
104 trips	2,496		
6. Misc. Dr. visits – 3 visits		<u>90</u>	
3 trips	<u>72</u>		
	\$3,816	\$4,476	<b>TOTAL \$8,292</b>

PLUS: Immobilizing pain, numbed senses, sleepless nights, depression, living in a fog, unknown kidney and liver damage.

**YES IT WAS!!!**

**My life in 2010**

I purchased my LivingWater in April of 2010. Prior to LivingWater I drank about a gallon or more of tap and bottled water everyday for the last 25 years. I started drinking 8.5 LivingWater, about 160 oz. per day in April, 2010. I started telling a difference within 3 days (that's what blew my mind – thinking this was probably snake oil). After 10 days I stopped taking Lortab/oxycodone. Moved to 9.0 LivingWater, then moved to 9.5 LivingWater within 2 weeks. I now drink 176 oz. per day which is about 90% of my weight (194 lbs) in ounces of LivingWater. Here are the results:

1. I don't take Lortab/oxycodone anymore.
2. No more physical therapy.
3. No more Spinal taps.
4. Walk, run, sleep and live without pain.
5. Get up once a night to go to the bathroom versus 7 or 8 times before LivingWater.
6. Lost 12 pounds by drinking 176 oz. of LivingWater daily.
7. I can now run up a flight of stairs.
8. Mow my own yard.
9. Use my left hand and arm without using my right arm to help move it.
10. Eat hot peppers again. I missed them so bad.
11. I don't have dry eyes anymore, no more liquid tears.
12. Have a steady heartbeat, no more arrhythmia.
13. I can now hold my wife and granddaughter (priceless).
14. Canceled left shoulder replacement.
15. My brother saw me walking with a cane in Dec. 2009. Then he saw me again in May 2010, thinking I would be in a wheelchair, and was blown away to see me running and playing with my 3 year old granddaughter.

16. My physical therapist is now drinking LivingWater.

Mike Wiygul, Birmingham, AL

## Hot Flashes/night sweats – High Blood Pressure

I drank diet coke and unsweet tea ONLY for 30+ years. I never drank water - didn't like it. When we got our LivingWater unit I made a commitment to drink LivingWater and nothing else. I started out drinking about one gallon a day for the first six months. I had had hot flashes for about 12 years. I was having LOTS of them as well as night sweats. After drinking LivingWater the hot flashes have completely gone. I may have one slight one a month. Also, my blood pressure had gone up. I had never had blood pressure problems before, and it has gone down. I continue to drink about 100 ounces a day. I love it and I'm so thankful for the LivingWater from Vollara. Becky Baker

J.K.

I have a testimony for the Living Water Essentials, concerning my dog (Captain). I got really excited when I listened to the water call last week and there were several testimonies about peoples' pets and the Living Water, similar to what I have also experienced. I am definitely a believer in this alkaline water unit.

My testimony is below. Sorry if it is long, but I felt you needed to know all of it. Our pets are like our children and I know with Captain being as old as he is, eventually his time is going to run out, but if I can do something to keep him around a little bit longer, then it is definitely worth it. If it works this well for our pets, in a matter of weeks, just think what it could do for us humans, if we continue to be persistent. Maybe my testimony will help someone else that is experiencing problems with their older pets. Thanks for the opportunity to tell you about it. The vet told me that hot spots occur a lot in old pets.

We came back from a week long trip and our 17 year old, Great Perinese (Captain), seemed very depressed. We had someone staying at the house taking care of the pets, but Captain went downhill within a couple of days of our returning home. Captain is so large, he was having a horrible time getting up from lying down or sitting position and he could not even walk across our kitchen floor, because it was slick and his back legs could not hold him. He would fall down and then could not get up until someone helped pick up his hind legs and help him walk out to the carpeted area. I even had to leave the back door open to our sun room, because he could not get through the dog door, due to his instability. He also had developed a huge hot spot on his belly and leg that he had been messing with so much, he had licked his leg to the bone and the one on his belly had been licked and bit at so much, he created a hole in it about the size of a dime. We were spraying a bidder spray and anti itch spray on the wounds and putting Cortizone cream all over it, but he would not leave them alone and they were all becoming infected and nasty looking. The vet said we were doing everything right, but nothing was working, he continually bit at them and licked them. I even bought one of those shields that go around their head and he was so disoriented by it, he walked into walls and furniture and seemed to be very humiliated by wearing it.

About 3 weeks ago Captain became very lethargic and would not eat or drink anything. I tried to feed him some broth and put food in front of him and he just lay there and would not touch it. I was so upset and we were sure he was not going to make it through the night. I set up a cot right next to him and I slept outside with him all night because I was afraid with him being outside, the coyotes would come into the yard and get him. I had just received my Living Water Essentials, so in a desperate attempt, I filled his water bowl with 8.5 alkaline water and set it right in front of his face and then I took a cloth and soaked it in acidic water and laid it on his hot spots, hoping to alleviate some of his discomfort. The next morning, I woke up to him licking me in the face. The alkaline water in his dish was completely empty. I immediately started filling the pets' water dishes with alkaline water, not knowing for sure if it was the water that had helped and I continued to soak Captain's hot spots with the acidic water. After just two weeks of drinking the alkaline water, Captain is like a new dog and so is our other dog (Thor, who is 12 years old) and our two cats, who are about 11 & 15 years old. The cats have both become very active and playful (like kittens) and they look very healthy. Captain now goes outside, through the dog door, and runs around without any problems. He can easily get up from lying down or sitting and he is able to walk through the kitchen, and even eat his supper in the kitchen, without falling down. As for the hot spots, they are starting to heal up nicely and he does not bother them. I am continuing to soak them nightly with the acidic water. We have not done anything different, other than changing their water and soaking his hot spots with acidic water. I was going to change their food, but it does not look like that needs to happen now.

I LOVE THIS WATER!!

*P.S. It has also helped my mom with lowering her blood pressure and her diabetes counts have dropped to where she is taking half the medication she was taking. She is a believer in our products and drinks the alkaline water faithfully, drinks the juice twice a day and takes our nutritional supplements regularly. Her doctor is skeptical about our products, but we will make a believer out of him yet.* Allison Marshall

## Type 2 diabetes

My husband has a great testimony that is based on drinking 8.5 - 9.5 pH water for one month. He is a Type 2 diabetic (since 1985), 61 years old, and takes 6 injections a day. In his words,

"I've taken over 30 units of Lantus for a year, and now I'm down to 25 units after 3 weeks of drinking LivingWater. Since Feb 2007 I've also taken 4 injections of Novalog 4 times a day (before meals and at bedtime). Now I only take 3 injections and roughly about 1/2 the number of units per injection. I started leaving off the bedtime injection and my morning sugars have been in the normal range. I definitely went through adjustments as I went from 8.5 pH to 9.0 pH to 9.5 pH ... and they were all good adjustments." He gets blood work done every 6 months. From his last blood work until 1/20/10 his A1-C (normal is 4.0 - 6.0) went from 7.2 to 6.8. Total cholesterol went from 177 to 147. BUN was 21 (normal is 7-22), and it went to 14.

I've also been drinking LivingWater for one month and the main thing I notice is that my dry, hard, tearing cuticles are now hydrated and very nice. They are 100% different. Also my digestion and overall "inside feeling" is much better. We both now drink the 9.5 pH daily and use it with our cooking as well.  
Debbie Johnson Atkinson

## Degenerative Disk Disease

**7-minute clip from a Houston TV channel. Dr. James Lee talks about degenerative disk disease and the use of alkaline water. Not tied to a particular brand of ionizer. Click on or go to link below.**  
[http://www.khou.com/great-day/gdh\\_090910\\_seg4-102538904.html](http://www.khou.com/great-day/gdh_090910_seg4-102538904.html)

## Quote from the book, "Clean Plates NYC" by Jared Koch & Alex Van Buren.

Statement is on page 34, last paragraph: ***"In addition, these do-it-all veggies possess a characteristic that many people don't know to look for but that's important for good health: They're alkalizing. In contrast, most foods in the standard American diet - especially meats, sugar and white flour - are acid-forming. Without getting into the nitty-gritty science of it, I'd like to point out that most disease states within the body occur in an acidic environment. Foods that create alkalinity are healthier."***

\*Vollara nor anybody sharing their health testimony are claiming everyone will get these results. It is basic scientific knowledge that if you provide your body with the nutrition it needs, a lot of health issues subside.

## LaundryPure, LivingWater Helps Gout and Diabetes

<http://www.secrets-to-lifetime-income.info/linked%20files/nutrition021911.mp3>

## Mayo Clinic

The Mayo Clinic website reports alkaline water neutralizes acid in blood, boosts energy levels and metabolism and helps the body absorb nutrients more effectively.

## Bone Health

Alkaline water in combination with adequate [calcium](#) intake showed reduced bone resorption in women. Bone resorption is a natural process the body undergoes as it ages. This process tends to reduce bone density as bone replacement becomes slower. Reduced bone resorption means greater bone density and lower risk of osteoporosis. This was the conclusion of a 2009 study published in the journal, "Bone." The study compared alkaline water to calcium-rich acidic water. The decreased bone resorption that results from drinking the alkaline water increased bone density and bone strength.

## Gastroesophageal Reflux Disease (GERD)

Alkaline water neutralizes the effects of a highly acidic [diet](#) and reduces the symptoms associated with acid reflux. Medical News Today states that new products like bottled alkaline water, higher in pH, can help reduce discomfort in those who suffer from acid reflux by neutralizing stomach acid.

## Hydration

In the September 2010 issue of "The Journal of the International Society of [Sports](#) Medicine," an American study by DP Heil out of Montana State University showed an improved acid-base balance and hydration status of individuals who drank alkaline water as compared to regular tap water. The article concluded that habitual alkaline water consumption may be a valuable nutritional vector for influencing both acid-base balance and hydration status in healthy adults.

## Autism

Dear Joan,

**We have 3 beautiful children Melody(8), Matthew(4), Micah(2.5). The boys are both autistic and have many developmental/ physical delays. They both have texture eating disorders that make them very picky eaters. Along with the picky eating follows a very poor diet high in carbohydrates and sugars.**

**These things all have caused significant gastrointestinal problems for the both of them. Both the boys had moderate to severe constipation due to their diet sometimes going a week in between bowel movements. This caused extreme pain and discomfort along with many emergency room visits and many different medications. On top of that both of us have not gotten a good night's sleep for years due to these issues causing them to scream uncontrollably through the night. Once we started them on LivingWater within 24 hours they had cleaned themselves out and have been regular since.**

**Not only did we experience relieved children, we are now having quiet nights. If that wasn't enough within a week our youngest son Micah started making developmental gains in leaps and bounds. Matthew has also seen significant improvement. To the amazement of many professional special needs teachers and therapists, we literally have different children now. We are excited for our children and thanks to LivingWater our family is doing great.**

**Matt & Brittney Talicuran; San Diego, CA**

## Back Pain

Thank You Vollara,

Because of your new Living Water alkaline/ionized water technology, I am getting relief from back pain I have had since a back surgery over 10 years ago! I am so grateful for this technology. I can't begin to put in to words what it is like to be able to ride in a car for more than 2 hours without severe pain, or how it feels to get up in the morning and not have to work out the stiffness. I am telling everyone I can that has a history of back, muscle, or joint pain: You have to start drinking Living Water from Vollara! Your new Living Water unit is absolutely a breakthrough in healthy living technology so let me again say thank you for a better quality of life and health!

Paul Hancock, Deatsville, AL  
LivingWater - Crohn's Disease

Kara is 38 yrs. old and developed her illness at age 2. Early diagnosis was ulcerative colitis, then colon cancer. In her early thirties, Mayo clinic called it Crohn's Disease and removed all but 8 inches of her colon. Stools were pretty much blood and water.....of which 30 a day was average. "It didn't matter if I ate soup or baby food for a meal. I never knew if

it would be a good day or a bad day.” The day after she began drinking the alkaline/ionized water, she called very excited to report that she had a formed stool....which she had never experienced in her memory.

Fever, bleeding gums and tongue were common with many hospital visits over the years. Every orifice of the body along with any area of the body with a mucous lining would become inflamed and as Kara described it, “would feel like you scraped your knee and poured alcohol on it.” Within a few days of consuming alkaline/ionized water, all this disappeared.

For 15 years Kara had been going to her chiropractor twice a week to help manage her disease. In fact, he'd been treating her regularly with acupuncture for pain that originated in one finger of a hand and radiated up the arm and to her chest. Yet the pain and swelling remained in spite of the treatments. Within a few days, the pain was relieved, the swelling went down and the hand healed.

Frequently, large ulcerated sores developed on the inside of the intestines as well as on the outside of her body. Externally, they were always in the same places.....the most uncomfortable areas you could imagine. An emergency room Dr. would lance them and pack them to allow them to heal from the inside out. These appeared so many times over the years, significant scarring remains. Upon hearing this, her distributor, Maury Wilhoite, suggested she make compresses with the *acid water* to treat these sores. (*Alkaline water* on the inside, *acid water* on the outside.) Much to Kara's amazement, within 36 hrs. of using the compresses and consuming large amounts of *alkaline water*, the sores opened up and started draining which led to healing!

Kara had been drinking the alkaline/ionized water with much success. Then her distributor that was providing her with the water went on vacation for a month. All the symptoms returned. Out of desperation she tried bottled alkaline water from the health food store along with drops that are intended to alkalize the water.....with no results.

As soon as Kara was able to get back on the alkaline/ionized water, the symptoms started to subside greatly within 24 hrs. Today Kara has her own Living Water system in her home for not only herself, but for her husband and daughter to enjoy. Kara says “it's wonderful to me not to have the pain. The water has made a magnificent difference.”

An added note.....Kara's chiropractor is extremely impressed!